



Don't forget to eat your vegetables

Emanuel Lutheran School Lunch Menu

Fresh vegetable choices & seasonal fruit are offered daily on the fruit & vegetable bar

May 2019

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

1

National BBQ Month

BBQ Chicken Sandwich

Roasted Hot Dog on a Bun

Baked Beans

Mini Rice Krispie Treat

2

Cheese Quesadilla Salsa

Turkey & Cheese Flatbread

Steamed Broccoli

3

Cheese Pizza

Cheeseburger on Bun

Golden French Fries

6

Chicken Bacon Ranch Melt

Pasta with Meat Balls
Garlic Toast

Hot Veggie

7

Beefy Nachos & Canned Cheese Sauce Salsa

Corn Dog

Refried Beans

8

Crispy Chicken Sandwich Basket

Hamburger Basket

Kettle Potato Chips

9

Crispy Chicken Nuggets
Whole Grain Dinner Roll

BBQ Pulled Pork Sandwich

Hot Veggies

10

Pepperoni Pizza

Turkey & Cheese Flatbread

Green Beans

13

Macaroni & Cheese
Garlic Toast

Maxx Sticks
Marinara Sauce

Steamed Broccoli

14

Beefy Nachos & Canned Cheese Sauce

Roasted Hot Dog on a Bun

Refried Beans

15

Pancakes
Syrup
Cheese Stick

BBQ Rib Sandwich

Tator Tots

16

Cheeseburger Basket

Chicken Nugget Basket
Whole Grain Dinner Roll

Kettle Potato Chips

17

Cheese Pizza

Philly Flatbread

Hot Veggie

20

Crispy Chicken Nuggets
Brown Rice

Fish Sticks with Tartar Sauce
Brown Rice

Green Peas

21

Strawberries & Cream

Beefy Nachos & Canned Cheese Sauce

Cheese Quesadilla Salsa

Refried Beans

1/2 Strawberry Cream Cheese Bagel

22

Choice of Cereal
Cheese Stick
Cinnamon Roll

Corn Dog

Corn

23

Crispy Chicken Sandwich Basket

Grilled Cheese Basket

Tator Tots

24

Last Day of School

Cheese Pizza

BBQ Rib Sandwich

Hot Veggie

27

Memorial Day

No School

28

Beefy Nachos & Canned Cheese Sauce

Corn Dog

Refried Beans

29

Chicken Nugget Basket
Whole Grain Dinner Roll

Hamburger Basket

Tator Tots

30

Last Day of School

End of Year Picnic

Roasted Hot Dog on a Bun
Kettle Potato Chips
Baby Carrots
Chocolate Chip Cookie

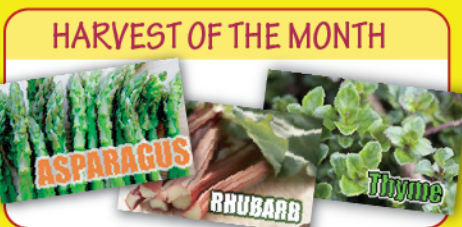
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Last Day of School

Have a Great Summer

PRICES

Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40



EXTRA INFO

Milk choice of 1% white, skim or chocolate skim is included with lunch

