



Don't forget to eat your vegetables

Emanuel Lutheran School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2017

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



29

30

Eat a Red Apple Day 1
 Cheesebread Dunkers with Marinara Sauce

 Fish Sticks with Cheese Sauce for Dipping

 Delicious Apples

4
 Cheeseburger on Bun

 Yogurt Pak with Bagel

 Green Peas

5
 Pancakes
 Syrup
 Diced Ham

 Chicken & Cheese Quesadilla

 Tator Tots

6
 Chicken Patty on Whole Grain Bun

 Pretzel Bites w/Cheese Cubes

 Green Beans

7
HOM Clementine
 Grilled Cheese Sandwich Basket

 Chicken Nugget Basket
 Whole Grain Dinner Roll

 Clementine Samples
 Golden French Fries

8
National Brownie Day
 Tony's Cheese Pizza

 Hot Ham & Cheese Flatbread

 Lettuce Romaine Mix
 Homemade Brownie

11
 Popcorn Chicken with Dipping Sauce
 Buttered Noodles

 Cheese & Pepperoni Flatbread

 Green Peas

12
 Pasta with Meat Sauce
 Bread Stick

 Yogurt Pak with Bagel

 Lettuce Romaine Mix

13
 Beefy Nachos with Cheese

 Fish Sticks with Cheese Sauce for Dipping
 Kettle Potato Chips

 Refried Beans

14
HOM Mustard
 Hot Dog Basket
 Mustard Choices

 Cheeseburger Basket
 Mustard Choices

 Tator Tots

15
 Tony's Cheese Pizza

 Chicken Patty on Whole Grain Bun

 Green Beans
 Mini Rice Krispie Treat

18
 Sloppy Joe on a Bun

 Corn Dog

 Sweet Potato Fries

19
 Pizza Dippers
 Marinara Sauce

 Chicken and Cheese Quesadilla

 Corn

20
 Christmas Tree Shaped Chicken Nuggets Basket
 Whole Grain Dinner Roll

 Fish Shaped Fish Nuggets in a Basket
 Whole Grain Dinner Roll

 Fries, Wedges or Tots

21
National Hamburger Day
 Dorito Taco in a Bag
 Lettuce, Tomato, Cheese

 Hamburger on a Bun

 Refried Beans

22
 No Lunch Today

25
 No School-Merry Christmas

26
 No School

27
 No School

28
 No School

29
 No School

PRICES	
Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40



EXTRA INFO
 Milk choice of 1% White, Skim or Chocolate Skim is included with lunch.

