



Don't forget to eat your vegetables

Emanuel Lutheran School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

December 2018

MONDAY

People with Disabilities 3
 Popcorn Chicken
 Whole Grain Dinner Roll
 Fish Sticks
 Whole Grain Dinner Roll
 Potato Smiles

TUESDAY

4
 Pancakes with Syrup
 Ham Slices
 BBQ Rib Sandwich
 Tator Tots

WEDNESDAY

HOM Persimmon 5
 Grilled Chicken Breast & Cheese Sandwich
 Pork Taco & Cheese Flatbread
 Refried Beans

THURSDAY

6
 Cheeseburger Basket
 Crispy Chicken Sandwich
 Golden French Fries

FRIDAY

7
 Pepperoni Pizza
 Hot Ham & Cheese Flatbread
 Steamed Broccoli

10

Maxx Sticks
 Marinara Sauce
 BBQ Chicken Sandwich
 Green Peas

Have a Bagel Day 11

Pizza Bagel
 Crispy Chicken Sandwich
 Roasted Broccoli

12

Beefy Nachos with Cheese
 Roasted Hot Dog on a Bun
 Refried Beans

13

HOM Sage
 Crispy Chicken Nuggets
 Italian Meatball Sub
 Sage Parmesan Pasta

14

Cheese Pizza
 Pretzel Bites w/Cheese Cubes
 Mini Rice Krispie Treat

17

Maple Syrup Day
 Pancakes
 Syrup
 Ham Slices
 Corn Dog
 Tator Tots

18

Macaroni & Cheese
 Garlic Toast
 BBQ Pulled Pork Sandwich
 Corn

19

Chicken Tender Basket
 Whole Grain Dinner Roll
 Fish Stick Basket
 Whole Grain Dinner Roll
 Golden French Fries

20

Walking Taco
 Lettuce, Tomato, Cheese
 Chicken & Cheese Quesadilla
 Refried Beans

21

No Lunch
 Early Dismissal

24

No School

25

No School
 Christmas

26

No School

27

No School

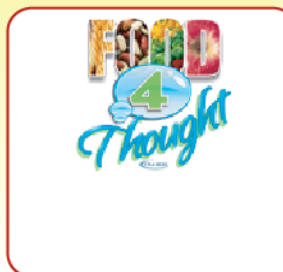
28

No School

31

No School

1



Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$4.00

HARVEST OF THE MONTH



EXTRA INFO

Milk Choice of 1% white, skim or chocolate skim is included with lunch

