



Don't forget to eat your vegetables

# Emanuel Lutheran School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

February 2019

## MONDAY

## TUESDAY

## WEDNESDAY

## THURSDAY

## FRIDAY



**4**  
Cheese Quesadilla  
  
Pancakes  
Syrup  
Ham Slices  
  
Tator Tots

**5**  
Pasta with Meat Balls  
Rip Stick Breadstick  
  
Crispy Chicken Sandwich  
  
Steamed Peas

**6**  
Beefy Nachos & Canned Cheese Sauce  
  
Hot Ham & Cheese Flatbread  
  
Refried Beans

**7**  
Chicken Nugget Basket  
  
Fish Sandwich with Cheese Basket  
  
Golden French Fries

**1**  
**National Wear Red Day**  
Cheese Pizza  
  
Hamburger  
  
Hot Veggie  
  
**8**  
**HOM Papaya**  
Choice of Cereal  
Cheese Stick  
Cinnamon Roll  
  
Hot Turkey & Cheese Sandwich  
  
Green Beans  
Papaya Tasting

**11**  
Pancakes  
Syrup  
Ham Slices  
  
Ham, Egg & Cheese on Bagel  
  
Tator Tots

**12**  
Macaroni & Cheese  
  
Sloppy Joe  
  
Roasted Broccoli

**13**  
Maxx Pizza Sticks (Pizza Dippers)  
Marinara Sauce  
  
BBQ Pulled Pork Sandwich  
  
Baked Beans

**14**  
**Valentine's Day**  
  
No School

**15**  
**HOM Cilantro**  
  
No School

**18**  
No School

**19**  
Pancakes  
Syrup  
Ham Slices  
  
Corn Dog  
  
Tator Tots

**20**  
**National Muffin Day**  
Beefy Nachos & Canned Cheese Sauce  
  
Cheese Quesadilla  
  
Refried Beans  
Pumpkin Apple Muffin

**21**  
**HOM Bell Peppers**  
Cheeseburger Basket  
  
Fish Sandwich with Cheese Basket  
  
Golden French Fries

**22**  
Pepperoni Pizza  
  
Yogurt Pak with Pretzel Bites  
  
Green Beans

**25**  
Pancakes  
Syrup  
Ham Slices  
  
Chicken & Cheese Quesadilla  
  
Tator Tots

**26**  
Crispy Chicken Sandwich Basket  
  
Hamburger Basket  
  
Golden French Fries  
Pickle Slice

**27**  
Beefy Nachos & Canned Cheese Sauce  
  
Grilled Chicken & Cheese Sandwich  
  
Refried Beans  
Garden Salad

**28**  
Hot Ham & Cheese Flatbread  
  
Maxx Pizza Sticks (Pizza Dippers)  
Marinara Sauce  
  
Kettle Potato Chips



**Prices**

Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40



**EXTRA INFO**

Milk Choice of 1% white, skim or chocolate skim is included with lunch

