



Don't forget to eat your vegetables

# Emanuel Lutheran School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

January 2018

## MONDAY

New Year's Day

1

No School

## TUESDAY

2

No School

## WEDNESDAY

National Bean Day

3

Pizza Dippers

BBQ Pulled Pork Sandwich

Baked Beans

## THURSDAY

4

Chicken Sandwich Basket

Mini Corn Dog Basket

Tator Tots  
Steamed Broccoli

## FRIDAY

5

Tony's Cheese Pizza

Pretzel Bites w/Cheese Cubes

Corn

8

BBQ Chicken Sandwich  
Buttered Noodles

Pasta with Meat Sauce  
Garlic Toast

9

Pancakes  
Blueberry Topping  
Cheese Stick

Hot Ham & Cheese Flatbread

Tator Tots

10

Beefy Nachos with Cheese

Fish Sticks  
Cheese Sauce For Dipping

Refried Beans  
\*\*Birthday Cake\*\*

11

Chicken Nugget Basket

Grilled Cheese Basket

Potato Wedges

12

Tony's Cheese Pizza

Cheeseburger

Green Beans

15

Chicken Nugget Basket  
Whole Grain Dinner Roll

Hamburger Basket

Tator Tots

16

Cheese Bread Dunkers  
Marinara Sauce

Mini Corn Dogs

Corn

17

Beefy Nachos with Cheese

Chicken Bacon Ranch Melt

Refried Beans

18

Crispy Chicken Sandwich

Pork Taco Meat Flatbread With  
Cheese

Steamed Carrots

19

No School

22

Pasta with Meat Sauce  
Garlic Toast

Chicken & Cheese Quesadilla  
Salsa

Broccoli

23

Pancakes  
Syrup  
Cubed Ham

Hot Ham & Cheese Flatbread

Tator Tots

24

Pizza Dippers  
Marinara Sauce

Pretzel Bites w/Cheese Cubes

Beans

25

HOM Lemon

Fish Sticks Basket  
Lemon Herb Mayonnaise  
Whole Grain Dinner Roll

Chicken Nugget Basket  
Whole Grain Dinner Roll

Golden French Fries

26

Tony's Cheese Pizza

Grilled Ham & Cheese  
Sandwich

Green Beans

29

HOM Ginger

Hot Dog Basket

Cheeseburger Basket

Tator Tots  
\*\*Ginger Snap Cookie\*\*

30

Crispy Chicken Nuggets  
Whole Grain Dinner Roll  
Kettle Potato Chips

BBQ Pulled Pork Sandwich  
Kettle Potato Chips

Steamed Broccoli

31

Beefy Nachos with Cheese

Chicken & Cheese Flatbread

Mexican Brown Rice



## PRICES

Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40

## HARVEST OF THE MONTH



## EXTRA INFO

Milk Choice of 1% White, Skim or Chocolate  
Skim is included with Lunch

