



Don't forget to eat your vegetables

Emanuel Lutheran School Lunch Menu

Fresh vegetable choices & seasonal fruit are offered daily on the fruit & vegetable bar

March 2019

MONDAY



TUESDAY



WEDNESDAY

THURSDAY

FRIDAY

School Breakfast Week 4

Pancakes
Syrup
Egg Patty

Hot Dog

Tator Tots

HOM Spinach 5

Crispy Chicken Nuggets
Whole Grain Dinner Roll

Yogurt Pak with Pretzel Bites

Steamed Carrots

Ash Wednesday 6

Fish Sandwich with Cheese

Grilled Cheese Basket

Golden French Fries
Pickle Slice

Macaroni & Cheese 7

Garlic Breadstick

Corn Dog

Baked Beans
Cookie

Dr. Seuss' Birthday 1

Cheese Pizza

BBQ Rib Sandwich

Green Peas

Crispy Chicken Nuggets 11

Whole Grain Dinner Roll

Cheeseburger

Green Peas

Spaghetti with Meatballs 12

Garlic Toast

BBQ Chicken Sandwich

Lettuce Romaine Mix

Beefy Nachos & Canned Cheese Sauce 13

Grilled Chicken & Cheese Sandwich

Refried Beans

Hamburger Basket 14

Corn Dog Basket

Golden French Fries
Pickle Slice

National Irish Food Day 15

No School

No School 18

No School 19

No School 20

No School 21

No School 22

Chicken and Cheese Quesadilla 25

Ham, Egg & Cheese on Bagel

Green Beans

Hamburger Basket 26

Chicken Sandwich Basket

Tator Tots
Pickle Slice

Popcorn Chicken Bowl 27

Whole Grain Dinner Roll

Grilled Chicken & Cheese Sandwich

Mashed Potatoes
Corn

Maxx Sticks 28

Marinara Sauce

Hot Dog

Baked Beans

Cheese Pizza 29

Bread Stick

Fish Sticks
Bread Stick

Peas & Carrots

Prices

Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40



EXTRA INFO

Milk Choice of 1% white, skim or chocolate skim is included with lunch.

