



Don't Forget
To Eat Your
Vegetables

Emanuel Lutheran School Lunch Menu

November
2017

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily
on the Fruit & Vegetable Bar

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



31

1

2

3

Beefy Nachos with Cheese

Cheeseburger

Cheese Pizza

Hot Dog on a Bun

Pretzel Bites w/Cheese Cubes

Chicken & Cheese Quesadilla

Refried Beans

Corn

Roasted Broccoli

6

7

8

9

10

Sloppy Joe on a Bun

Macaroni & Cheese
Garlic Toast

Crispy Chicken Tender Basket
Soft Pan Roll

Mini Corn Dogs

Cheese Bread with Marinara
Sauce

Turkey BLT Flatbread

Yogurt Pak with Bagel

Fish Nugget Basket
Soft Pan Roll

Pancakes
Syrup
Diced Ham

Hamburger on a Bun

Sweet Potato Fries

Mini Rice Krispie Treat

Romaine Mix Salad

Baked Beans
Tator Tots

Garlic & Herb Broccoli

13

14

15

16

17

Parmesan Chicken Bites
Buttered Noodles

Beefy Nachos with Cheese

Pizza Parlor Cheese Pizza

Ham, Egg & Cheese on an
English Muffin

Thanksgiving Turkey and
Gravy

Cheeseburger
Kettle Potato Chips

BBQ Chicken Sandwich

Pretzel Bites w/Cheese Cubes

Chicken Patty Sandwich

Soft Pan Roll
Cranberries
Yogurt Pak with Bagel

California Blend Vegetable

Refried Beans

Garden Green Beans

Tator Tots

Bread Stuffing

Mashed Potatoes

20

21

22

23

24

Pancakes
Syrup
Diced Ham

BBQ Rib Sandwich
Cornbread

No School

NO SCHOOL - HAPPY
THANKSGIVING!

No School

Hot Dog on a Bun

Crispy Chicken Nuggets
Cornbread

Tator Tots

Cinnamon Sweet-Apples

27

28

29

30

Max Stix
Marinara Sauce

Chicken Strip Basket
Soft Pan Roll

Macaroni & Cheese
Garlic Toast

Beefy Nachos with Cheese

Corn Dog

Cheeseburger Basket

Chicken Bacon Ranch Melt
Kettle Potato Chips

Pretzel Bites w/Cheese Cubes

Garden Green Beans

Golden French Fries

Corn

Refried Beans



PRICES

Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40

HARVEST OF THE MONTH



EXTRA INFO

Milk choice of 1% White, Skim or Chocolate Skim
is included with lunch.

