



Don't forget to eat your vegetables

Emanuel Lutheran School Lunch Menu

Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

November 2018

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



HOM Sweet Potato 5
Sloppy Joe on a Bun
Hamburger on a Bun
Sweet Potato Fries

Crispy Chicken Sandwich 6
Maxx Sticks
Marinara Sauce
Tator Tots

Crispy Chicken Tenders 7
Whole Grain Dinner Roll
Fish Sticks with Tartar Sauce
Whole Grain Dinner Roll
Potato Wedges

HOM Rosemary 1
Hamburger on a Bun
Yogurt Pak with Bagel
Corn

National Sandwich Day 2
Pepperoni Pizza
Hot Ham & Cheese Flatbread
Green Beans

Chicken & Gravy 12
Whole Grain Dinner Roll
Corn Dog
Mashed Potatoes

Cheeseburger on Bun 13
BBQ Rib Sandwich
Golden French Fries

National Pickle Day 14
Pancakes
Syrup
Hard Boiled Egg
Grilled Cheese Sandwich
Tator Tots

Cheese Quesadilla 15
BBQ Chicken Sandwich
Baked Beans

Cheese Pizza 16
Hot Turkey & Cheese Sandwich
Green Beans

Cheeseburger on Bun 19
Crispy Chicken Nuggets
Tator Tots

HOM Apple 20
Roasted Hot Dog on a Bun
Crispy Chicken Sandwich
Baked Beans

No School 21

Thanksgiving Day 22
No School 22

No School 23

Chicken & Gravy 26
Whole Grain Dinner Roll
Corn Dog
Mashed Potatoes

Cheeseburger on Bun 27
BBQ Rib Sandwich
Golden French Fries

Cheese Quesadilla 28
BBQ Chicken Sandwich
Baked Beans

Pancakes 29
Syrup
Hard Boiled Egg
Grilled Cheese Sandwich
Tator Tots

Cheese Pizza 30
Hot Turkey & Cheese Sandwich
Green Beans

Prices

Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40



EXTRA INFO

Milk Choice of 1% white, skim or chocolate skim is included with lunch

