



Don't forget to eat your vegetables

# Emanuel Lutheran School Lunch Menu

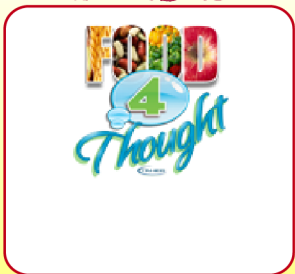
Fresh Vegetable Choices and Seasonal Fruit are Offered Daily on the Fruit & Vegetable Bar

September 2018

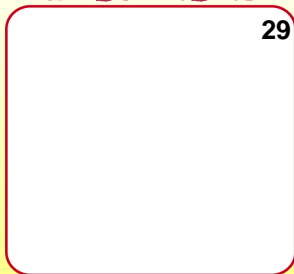
## MONDAY



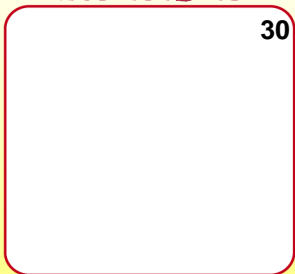
## TUESDAY



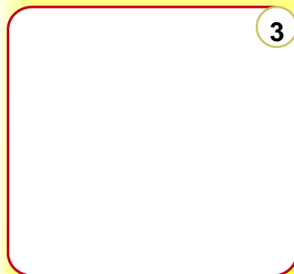
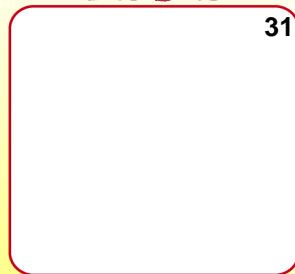
## WEDNESDAY



## THURSDAY



## FRIDAY



**Welcome Back Picnic** 4

Hamburger Basket

Roasted Hot Dog Basket

Kettle Potato Chips

Mini Rice Krispie Treat

29

Crispy Chicken Sandwich Basket

Fish Stick Basket with Tartar Sauce

Tator Tots

30

Crispy Chicken Nuggets  
Whole Grain Dinner Roll

BBQ Rib Sandwich

Baked Beans

31

Cheese Pizza

Chicken & Cheese Flatbread

Steamed Corn

**National Hot Dog Day** 10

Hot Dog Basket

Cheese & Pepperoni Flatbread

Tator Tots

11

Toasted Cheese Sandwich

Spaghetti w/Meatballs served separate  
Garlic Toast

**HOM-Parsley** 12

Pancakes  
Syrup  
Hard Boiled Egg

Meatballs and Gravy

Fresh Parsley Breakfast Potatoes

13

Beefy Nachos with Cheese

Chicken and Cheese Quesadilla

Refried Beans

14

Pepperoni Pizza

BBQ Chicken Sandwich

Steamed Broccoli

17

Fish Stick Basket with Tartar Sauce  
Whole Grain Dinner Roll

Crispy Chicken Sandwich Basket

Golden French Fries

18

Corn Dog

Sloppy Joe on a Bun

Baked Beans

19

Crispy Chicken Nuggets  
Garlic Toast

BBQ Rib Sandwich

Kettle Potato Chips

Mini Rice Krispie Treat

**HOM-Cucumber** 20

Cheeseburger

Pretzel Bites w/Cheese Cubes

Cucumber Ranch Salad

21

Cheese Pizza

Ham & Cheese Flatbread

Green Beans

24

Crispy Chicken Tenders  
Whole Grain Dinner Roll

Beefy Nachos with Cheese

Refried Beans

25

Pancakes  
Syrup  
Hard Boiled Egg

BBQ Chicken Sandwich

Breakfast Potatoes

26

Spaghetti w/Meatballs served separate  
Garlic Toast

Pizza Dippers  
Marinara Sauce

Garden Salad

**HOM Peach** 27

Cheeseburger Basket

Crispy Chicken Sandwich Basket

Tator Tots

28

**Ice Cream Month**

Pepperoni Pizza

Chicken & Cheese Flatbread

\*\*Ice Cream Treat\*\*

Student	\$3.25
Reduced	\$0.40
Adult	\$4.00
Extra Milk	\$0.40



**EXTRA INFO**

Milk choice of 1% white, skim or chocolate skim is included with lunch.

