



## Emanuel Luthern School Menu - September

Student Lunch: \$3.00    Reduced Price: \$0.40    Milk(without meal): \$0.35  
 Extra Entrée: \$3.25    Adult Lunch: \$4.00

A full student lunch includes protein, whole grain, vegetables, fruit, and milk.

Milk choices include skim white, 1% white and skim chocolate.

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2-Sep</b>  <i>Labor Day No School</i>	<b>3-Sep</b> BBQ Shredded Pork Sandwich  Sloppy Joe  Turkey & Cheese Wrap	<b>4-Sep</b> Mashed Potato & Chicken Bowl  Chicken Nuggets  Ham & Cheese Sandwich	<b>5-Sep</b> Finger Food Fun Lunch with Muffin, Goldfish,  Cheeseburger  Turkey & Cheese Wrap	<b>6-Sep</b> Hot Dog  Cheese Quesadillas w/ Salsa  Ham & Cheese Sandwich
<b>9-Sep</b> Pizza Burger  Cheese Stuffed Breadsticks  Ham & Cheese Sandwich	<b>10-Sep</b> Soft Beef Taco  Sloppy Joe  Turkey & Cheese Wrap	<b>11-Sep</b> Mini Corn Dogs  Chicken Nuggets  Ham & Cheese Sandwich	<b>12-Sep</b> Pancakes and Sausage  Cheeseburger  Turkey & Cheese Wrap	<b>13-Sep</b> Spaghetti and Meat Sauce with Garlic Toast  Cheese Quesadillas w/ Salsa  Ham & Cheese Sandwich
<b>16-Sep</b> BBQ Rib Sandwich  Cheese Stuffed Breadsticks  Ham & Cheese Sandwich	<b>17-Sep</b> Walking Beef Taco  Sloppy Joe  Turkey & Cheese Wrap	<b>18-Sep</b> Pepperoni Pasta Bake with Garlic Toast  Chicken Nuggets  Ham & Cheese Sandwich	<b>19-Sep</b> Crispy Chicken Patty Sandwich  Cheeseburger  Turkey & Cheese Wrap	<b>20-Sep</b> Boneless Chicken Wings with Dinner Roll  Cheese Quesadillas w/ Salsa  Ham & Cheese Sandwich
<b>23-Sep</b> Turkey, Ham and Cheese Hoagie  Cheese Stuffed Breadsticks  Ham & Cheese Sandwich	<b>24-Sep</b> Soft Chicken Taco  Sloppy Joe  Turkey & Cheese Wrap	<b>25-Sep</b> Chicken and Waffles  Chicken Nuggets  Ham & Cheese Sandwich	<b>26-Sep</b> Cheese Pizza  Cheeseburger  Turkey & Cheese Wrap	<b>27-Sep</b> Strawberry Granola Parfait  Cheese Quesadillas w/ Salsa  Ham & Cheese Sandwich
<b>28-Sep</b>  <i>Menu Coming Soon</i>	<b>29-Sep</b>  <i>Menu Coming Soon</i>	<b>30-Sep</b>  <i>Menu Coming Soon</i>	<b>1-Oct</b>  <i>Menu Coming Soon</i>	<b>2-Oct</b>  <i>Menu Coming Soon</i>

*Vegetable and fruit bar is available daily.*

*All breading and grain products are made with whole grains.*

Menus subject to change without notice.

*This institution is an equal opportunity provider.*



Go to MyPlate.gov for online personal wellness resources for you and your family.



**Nutrition/Allergy Information**

<http://newlondon.nutrislice.com>  
or get the Nutrislice app!

**Questions or comments?**

Please call or e-mail Travis Mayer, Director of Dining Services. 920-982-8420 or [tmayer@newlondon.k12.wi.us](mailto:tmayer@newlondon.k12.wi.us)